



Sport and Active Lifestyles Health Professional Registration and Conditions

All staff involved in the Exercise Referral Scheme will protect the confidentiality of the patient and will operate within the conditions set out by the referring Health Professional (HP) and the National Quality Assurance Framework for Exercise Referral Systems published by the Department of Health (April 2001).

The HP will satisfy themselves that the Exercise Referral Scheme offers a quality service. The HP will retain overall clinical responsibility for the patient / client.

When a referral is made the HP is required to supply relevant information on the patient / client to the Exercise Professional. Responsibility rests with the referrer (HP), who must make a professional judgement as to what information should be disclosed to the Exercise Professional (EP) to enable the EP to tailor a safe and effective exercise programme that will meet the needs of the patient or client.

The referral form should include the reason for referral and a succinct health history including any medication and the possible effects of diagnoses and medication on the particular patient's everyday functions. If any possible effects on the patient's ability to undertake activity are known, for example, suppression of heart rate or pain, this information must also be included. Measurement of blood pressure and heart rate are the basic appropriate measures prior to making a referral and this information is helpful to the Exercise Professional in their initial assessment of a patient.

Patients should be fully informed by their HP about the scheme. Further information can be found in the Exercise Referral Scheme Outline on our website.

Responsibility for the safe and effective management, design and delivery of the exercise programme lies with the Exercise Professional.

All Exercise Professionals involved in the Scheme will be comprehensively trained, hold an exercise referral qualification and be registered on the National Register of Exercise Professionals at a minimum of Level 3.

I understand and agree to the above conditions relating to my patients entering the Scheme.

Signed (HP):	Date:
Printed (HP):	Position:
Surgery (Name & Address):	
Tel No:	Fax:
E-mail (Required):	

For further information please contact the scheme: Exercise Referral Officer: 01480 388857 / 07769878620 Email: exercisereferral@huntingdonshire.gov.uk Alternatively you can complete the registration and referral forms online at: www.huntingdonshire.gov.uk/healthprofessionals

Privacy Notice

We require your personal data to enable us to register you as a Health Professional which will then enable you to refer clients for our 12 week personalised exercise programme.

We are collecting this information to enable us to hold a list of registered Health Professionals who can then refer clients for our personalised exercise $\frac{1}{2}$ programme. The above data will enable us to hold a register of approved health professionals and to ensure that any referral received is from an authorised health professional. Your contact details are requested in order that we may communicate with you regarding the referred client. Cont.

Sharing your information

We share information within the council to ensure services are provided appropriately. We may share your personal data with other agencies such as the police, social services etc, if there is a legal reason do so.

We may process the information you provide to prevent and detect fraud in any of our systems and may supply information to government agencies, credit reference agencies, audit or other external bodies for such purposes. We participate in the government's National Fraud Initiative. If any of the information we have is incorrect, please tell us, we are reliant on you assisting us to keep your information accurate and up to date.

We only keep personal information as long as necessary, for some items this will be dictated by law. We do not routinely process any information about you outside the European Economic Area (EEA), except in rare cases, where we use all appropriate safeguards.

Huntingdonshire District Council is a registered Data Controller with the Information Commissioner's Office.