

Sustainable Picnicking

As the weather begins to change, and as we can start meeting up with others outside as the regulation ease, we are going to want to get out and enjoy the beautiful sunshine. Our #HuntsWasteBusters offer some top tips for picnicking with minimum waste.

When planning a picnic:

- It is a good opportunity to use up leftovers, mix meats and veg with pasta or cous cous or into a salad.
- wrap sandwiches in reusable beeswax wraps or place in tupperware to avoid creating waste
- veg sticks are a great addition to any picnic and can be dipped in humous or a tasty pate. If you plan it well enough, you can make dips from scratch in reusable tubs too
- you could even make a pizza Stromboli, pizza rolled up when still warm. Delicious!
- think ahead, will you need any cutlery/plates/bowls? If so, think about what you already have at home. Standard cutlery works just fine, and if you don't have plastic plates, what about using tupperware instead?
- don't forget some fluids. If you can't buy drinks when out, think about taking reusable bottles, possibly just filling with water and taking cordial to add when there, giving a choice of flavours.
- if you might want a hot drink while out, remember to take your reusable cup with you. Did you know The National Trust offer 25p discount when you use your own cup? Alternatively, take a flask of your favourite hot beverage with you.
- empty tupperware can be used to take home peels and cores for the compost bin
- remember an additional bag for any other mess that may be created. It is better to take it and not need it, than need it and not have it.

The [Countryside code](#), updated in April 2021, also has some great advice in how to behave when out and about, and the most important ones apply even more now due to the Covid 19 virus. The most important aspect of this is leave no trace of your visit, take all your litter home with you; you brought it so take it back. This counts for your dog waste too, bag it and bin it – any public waste bin will do. If bins are full, find another, or take home.

Care for nature, helping others enjoy it too! Leave rocks, stones, plants and trees as you find them. Animals can become trapped or be harmed by food containers, face masks and anything left behind. Be kind. Be considerate. Be the change. And enjoy our beautiful countryside.

For some further inspiration, check out <https://www.hubbub.org.uk/litter-free-picnic-inspiration-guide>.

Contribution offered by #HuntsWasteBuster Heather